

ANA DIANA BILOUS

RHEUMATOLOGY SPECIALIST DOCTOR | CLUJ-NAPOCA, ROMANIA | +40750495835

DETAILS

Cluj-Napoca, Romania
+40750495835
dbilous.reumatologie@gmail.com

SKILLS

Teamwork

Patient care

Diagnosis and Treatment

Communication

Adaptability

Time Management

Problem-Solving

Computer Skills

LANGUAGES

Romanian

English (C1)

Italian (B1/2)

German (A2/B1)

HOBBIES

Traveling, Skiing, Trekking, Reading

PROFILE

I am a dedicated and empathetic rheumatologist, highly motivated to provide the best possible care to my patients.

EMPLOYMENT

Rheumatology Specialist Doctor at Affidea, Cluj-Napoca, Romania

March 2024 – Present

Rheumatology Specialist Doctor at Affidea, Alba-Iulia, Romania

March 2024 – December 2024

Resident Doctor at Rheumatology Department, Emergency Clinical County Hospital, Cluj-Napoca, Romania

2019 — 2023

EDUCATION

"Iuliu Haţieganu" University of Medicine and Pharmacy, Cluj-Napoca, Romania

October 2012 — September 2018

Erasmus Mobility Program - University of Milan - Faculty of Medicine, Milano

September 2016 — July 2017

COURSES

The 33rd EULAR Sonography Course-MSUS BASIC 2026, London, United Kingdom

30th May-1st June 2026

8th SLEuro Advanced Workshop on SLE, Stockholm, Sweden

8-9th May 2026

ASAS Core Course on Spondyloarthritis, Brussels, Belgium

20-21st March 2026

National Certification in Musculoskeletal Ultrasounds

December 2025

5th EULAR Online Course on Imaging in RMDs

December 2024

Rheumatology Summer School for Young Rheumatologists, Romanian Society of Rheumatology

July 2023

15th EULAR Online Course on Rheumatic Diseases

October 2020 — October 2022

Rheumatology Summer School for Young Rheumatologists, Romanian Society of Rheumatology

July 2022

Oral presentation – Clinical challenges in antiphospholipid syndrome

Rheumatology Summer School for Young Rheumatologists, Romanian Society of Rheumatology

July 2021

Rheumatology Autumn School for Young Rheumatologists, Romanian Society of Rheumatology

September 2020

★ CONGRESSES AND CONFERENCES

European Congress of Rheumatology, EULAR 2026, London
3rd-6th June 2026

Romanian National Congress of Rheumatology, Sibiu, Romania
25th – 27th September 2025

National Symposium - Interference in Rheumatology 17th edition, Cluj-Napoca
28th–29th March 2025

Romanian National Congress of Rheumatology, Iasi
26th – 28th September 2024

First cardio-rheumatology symposium, Cluj-Napoca
29th June 2024

Genetic diseases of metabolism in child and adult pathology - 5th edition Conference, Cluj-Napoca
28th - 29th June 2024

- Third prize for the poster presentation “Recurrent pyoderma gangrenosum in a patient with rheumatoid arthritis and a suspected autoinflammatory syndrome.”

1st International Workshop VEXAS - Paris
23rd-24th May 2024

National Symposium - Interference in Rheumatology 16th edition, Cluj-Napoca
29th–30th March 2024

Genetic diseases of metabolism in child and adult pathology - 4th edition Conference, Cluj-Napoca
29th -30th June 2023

- Second prize for the poster presentation “A diagnostic challenge in a young patient with recurrent hemophagocytic lymphohistiocytosis.”

European Congress of Rheumatology, EULAR 2023, Milano
31st May – 3rd June 2023
Participation grant from the Romanian Society of Rheumatology

National Symposium - Interference in Rheumatology 15th edition, Cluj-Napoca
31st March-1st April 2023

Romanian National Congress of Rheumatology, Sibiu
29th September 1st October 2022

- Obtained the "Best Presentation" title in the resident doctor's section with the oral presentation entitled "Optic neuritis - a rare manifestation of spondyloarthropathies or a distinct entity?"

European Congress of Rheumatology, EULAR 2022, Copenhagen
1st–4th June 2022Participation grant from the Romanian Society of Rheumatology

National Symposium - Interference in Rheumatology 14th edition, Cluj-Napoca
25th-26th March 2022

Romanian National Congress of Rheumatology, Poiana Brașov
24th-25th September 2021

National Symposium - Interference in Rheumatology 13th edition, Cluj-Napoca
26th-27th March 2021

Romanian National Congress of Rheumatology, Poiana Brașov
3rd-5th October 2019

- Poster presentation - "The paradox of paradoxical reactions in patients with rheumatoid arthritis treated with biological Agents: the experience of a single center."
- Poster presentation - "Collagenosis with juvenile-onset - particularities in adult life - single-center experience" and "With the urticaria at the rheumatologist."

National Symposium - Interference in Rheumatology 11th edition, Cluj-Napoca, Romania
29th-30th March 2019

- Poster presentation - "Patient with active rheumatoid arthritis and malignant melanoma - difficulties in treatment."

★ VOLUNTEERING

Volunteer in the education and prevention project "Take Care of You" – Cluj-Napoca, Romania

29th March 2026

I provided free rheumatology consultations as part of this project

Volunteer in the education and prevention project "Take Care of You" – Sighetul Marmatiei, Romania

19th May 2024

I provided free rheumatology consultations as part of this project

Volunteer for helping to organize the "Medicalis" - congress for medical students, Cluj-Napoca, Romania

2014 — 2016

Voluntary work for "European Divison - EMSA", Cluj-Napoca, Romania

2014 — 2015

Volunteer - helping children with autism, Cluj-Napoca, Romania

2013 — 2014

★ PUBLICATION LIST

Third prize – poster presentation - Genetic diseases of metabolism in child and adult pathology - 5th edition Conference, Cluj-Napoca – Poster - "Recurrent pyoderma gangrenosum in a patient with rheumatoid arthritis and a suspected autoinflammatory syndrome"

28th-29th June 2024

Second Prize – Poster Presentation - Genetic Diseases of Metabolism in Child and Adult Pathology - 4th Edition Conference, Cluj-Napoca – Poster - "A Diagnostic Challenge in a Young Patient with Recurrent Hemophagocytic Lymphohistiocytosis"

29th -30th June 2023

Best presentation awardee - Romanian National Congress of Rheumatology, Sibiu – Presentation - "Optic neuritis - a rare manifestation of spondyloarthropathies or a distinct entity?"

29th September 1st October 2022

First prize – Team competition, Rheumatology Quiz, Rheumatology Autumn School for Young Rheumatologists – Sibiu

September 2020

★ HONORS AND AWARDS

Third prize – poster presentation - Genetic diseases of metabolism in child and adult pathology - 5th edition Conference, Cluj-Napoca – Poster - "Recurrent pyoderma gangrenosum in a patient with rheumatoid arthritis and a suspected autoinflammatory syndrome"

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September 2020